Renal-Adenocarcinoma-Associated Erythrocytosis in a Cat

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ABSTRACT
A 9-year-old spayed female domestic shorthair cat was referred for erythrocytosis. Even after the correction of dehydration, blood analyses showed that there had been no improvement. An abdominal ultrasonography and computed tomography identified the presence of a mass on the left kidney. Measurement of serum erythropoietin (EPO) showed higher concentration than the reference interval. These findings suggested a direct association of the erythrocytosis with excessive EPO production. The cat underwent nephrectomy of the affected (left) kidney. Subsequent histopathology was consistent with a diagnosis of renal adenocarcinoma. Following the nephrectomy, serum EPO concentrations decreased gradually, and the erythrocytosis resolved 15 days postoperatively. This case describes the diagnosis and treatment of secondary inappropriate erythrocytosis in a cat with renal adenocarcinoma.

INTRODUCTION
Erythrocytosis is characterized by increases in packed cell volume (PCV), red blood cell (RBC) count, and hemoglobin (Hb) concentration (Randolph et al., 2010). Based on its etiology, two forms of the disease are recognized, relative and absolute (Nitsche, 2004). Relative erythrocytosis is caused by severe dehydration and body-fluid shifts and resolves after appropriate fluid therapy (Weiss and Tvedten, 2012). Absolute erythrocytosis is due to an increased total RBC mass and may be either primary (polycythemia vera) or secondary. The later can be further defined as physiologically appropriate or inappropriate (Weiss and Tvedten, 2012).

Appropriate secondary erythrocytosis occurs as a response to conditions associated with poor systemic tissue oxygenation, such as cardiovascular disease, chronic pulmonary disease, and hemoglobinopathies (Nitsche, 2004; Weiss and Tvedten, 2012), whereas inappropriate secondary erythrocytosis is characterized by increased EPO levels without evidence of a hypoxic stimulus. In companion animals, inappropriate secondary erythrocytosis may follow from the presence of a space-occupying renal lesions, such as renal cysts, hydronephrotic lesions, chronic pyelonephritis, or renal neoplasms (Kessler, 2008; Durmo et al., 2011). In cats, renal-tumor-related inappropriate secondary erythrocytosis is very rare, with only two cases fully reported in the English veterinary literature (Klainbart et al., 2008). Herein we describe the diagnosis and treatment of a renal adenocarcinoma in a domestic shorthair cat with erythrocytosis.

Case Description: A 9-year-old spayed female domestic shorthair cat was referred for the evaluation of severely elevated PCV. The cat had been previously brought to the referring hospital for anorexia and vomiting of 3 days duration, with fluid therapy administered by the referring veterinarian to correct the dehydration. However, after treatment, the PCV remained high. On presentation, the cat had brick-red mucous membranes. A routine hematological assessment revealed severe erythrocytosis, characterized by increases in the PCV, RBC count, and Hb (Table 1). The remainder of the complete blood count (CBC) was within normal limits, and serum biochemistry panels were without remarkable findings. Thoracic radiographs and the results of the arterial blood gas analysis were also normal. However, abdominal ultrasound revealed a round mass of mixed echogenicity originating from the caudal pole of the left kidney. The cat was hospitalized and administered fluid therapy to correct the erythrocytosis. A re-evaluation on the following day, including a CBC, showed the persistence of marked erythrocytosis (Table 1).
On day 3, abdominal computed tomography (CT) confirmed a 3.0 × 3.0 cm heterogeneous round mass within the left kidney (Fig. 1). The lesion enhanced following the administration of intravenous contrast medium (Iohexol; Omnipaque®, GE Healthcare Korea, Seoul, Korea). No remarkable findings were seen on the thoracic CT. The serum EPO concentration in the sample collected at presentation was markedly elevated (31.2 mU/mL) compared to the reference interval (10.0–30.0 mU/mL), as determined in a radioimmunoassay (Table 1). On the basis of these findings, the erythrocytosis was considered to be due to inappropriate EPO production, which in turn was probably directly related to the mass in the left kidney. Nephrectomy was subsequently performed, which revealed a well-defined encapsulated mass on the caudal pole of the left kidney. Histopathology showed that the tumor contained highly infiltrative tumor cells with areas of solid and tubular differentiation, consistent with a primary renal adenocarcinoma (Fig. 2).

An improvement of the cat’s erythrocytosis was observed 3 days after surgical removal of the left kidney (Table 1). At 19 days follow-up, the cat was in good condition, without abnormalities on the physical examination and no further clinical signs, as reported by the owner. Serial blood analyses confirmed that the levels of all the analytes had returned to within the reference interval. The cat remains healthy 1 year after the nephrectomy.

**DISCUSSION**

In this case of feline secondary erythrocytosis, the abnormal blood values were directly related to the high serum EPO concentration, which resulted from a primary renal adenocarcinoma. Measurement of serum EPO levels in animals can be useful to differentiate among the various forms of erythrocytosis (Hasler and Giger, 1996; Nitsche, 2004). Generally, primary erythrocytosis is characterized by low to normal EPO levels, whereas secondary erythrocytosis is associated with increased serum EPO levels (Hasler and Giger, 1996). In this case, the EPO level was relatively high, almost certainly the consequence of renal adenocarcinoma; accordingly, the diagnosis was inappropriate secondary erythrocytosis. However, in contrast to our case, serum EPO levels were normal in the previously reported two cats with secondary erythrocytosis due to a primary renal neoplasia (Klainbart et al., 2008). In both human and veterinary medicine, the reasons for the abnormal EPO production in secondary renal-neoplasia-related erythrocytosis are not completely understood. It was recently suggested that EPO production by renal tumors is triggered by one of two mechanisms: 1) autonomous excretion of EPO or EPO-like substances from renal tumors, documented to directly cause erythrocytosis (Kessler, 2008; McMullin, 2008) and 2) as a consequence of local renal hypoxia, due to compression of the normal tissue or vasculature by the infiltrative neoplasm, which induces the secretion of EPO by the remaining, normal kidney tissue (Kessler, 2008; McMullin, 2008). Additionally, in a report on two dogs with renal T-cell lymphoma immunohistochemical staining showed that EPO was produced directly by the tumor tissues but also by the normal renal cells and vasculature, in response to local hypoxia (Durno et al., 2011). Therefore, similar to these findings, two independent mechanisms may have accounted for the high serum EPO levels in the cat examined in this study.

<table>
<thead>
<tr>
<th>Analytes</th>
<th>Reference values</th>
<th>Days after presentation</th>
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<tbody>
<tr>
<td>PCV (%)</td>
<td>24.0–45.0</td>
<td>2.0</td>
</tr>
<tr>
<td>RBC (µl)</td>
<td>11.0×10³</td>
<td>2.0</td>
</tr>
<tr>
<td>Hemoglobin (g/dl)</td>
<td>10.0–18.0</td>
<td>2.0</td>
</tr>
<tr>
<td>MCV (fl)</td>
<td>12.5–17.5</td>
<td>2.0</td>
</tr>
<tr>
<td>MCH (pg/cell)</td>
<td>12.5–17.5</td>
<td>2.0</td>
</tr>
<tr>
<td>Total protein (g/dl)</td>
<td>5.0–7.1</td>
<td>2.0</td>
</tr>
<tr>
<td>Alb (g/dl)</td>
<td>2.7–3.9</td>
<td>2.0</td>
</tr>
<tr>
<td>Creatinine (mg/dl)</td>
<td>0.7–1.8</td>
<td>2.0</td>
</tr>
<tr>
<td>EPO (mU/mL)</td>
<td>10.0–30.0</td>
<td>2.0</td>
</tr>
</tbody>
</table>
| *PCV = packed cell volume; RBC = red blood cell; MCV = mean corpuscular volume; MCH = mean corpuscular hemoglobin; MCHC = mean corpuscular hemoglobin concentration; EPO = erythropoietin; ND = Not done.*
In cats, renal neoplasia generally manifests as non-specific clinical signs, including loss of appetite, weight loss, lethargy, vomiting, abdominal pain, and/or hematuria (Henry et al., 1999). The chief complaints in the two polycythemic cats mentioned above were central nervous system disturbances, i.e., changes in mentation, ataxia, blindness, and seizures, which are caused by the hyperviscosity of the blood (Klainbart et al., 2008). In the cat described herein, anorexia and vomiting were not accompanied by neurologic signs. Presumably, the decreased blood flow due to the hyperviscosity was not enough to induce neurologic abnormalities, although blood viscosity was not measured directly. Feline primary renal neoplasia is often an aggressive disease, with a high metastatic rate and thus a grave prognosis (Henry et al., 1999; Meuten, 2002). The prognosis of secondary erythrocytosis depends on the ability to control the primary disease. In this case, the erythrocytosis resolved after nephrectomy and the cat has remained healthy, without a recurrence of clinical abnormalities. Thus, despite the above-mentioned grave prognosis of feline renal neoplasia, nephrectomy seems to be warranted in some cases.

In conclusion, our report describes the diagnosis and treatment of secondary inappropriate erythrocytosis associated with renal adenocarcinoma in a cat with high EPO concentration. Further study will be needed to clarify the mechanism on the EPO production by renal tumor in cats.

REFERENCES