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# **RESEARCH ARTICLE**

# Dynamic Expression of Genes Related to Feed Intake in Broilers Regulated by Aging and Fasting Conditions

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## ABSTRACT

This study was designed to investigate the dynamic expression of genes related to regulation of feed intake, energy homeostasis and body weight, including AdipoR2, CPT-1, NPY, LEPR and STAT3 and the effect of fasting on their expression in growing broiler chicken with different days of age. Forty male broiler chicks were divided into two groups (the control and fasted groups). Chickens in the control group were continuously fed with nutrition regimen until the end of experiment, while their counterparts were fasted for 3 days before sampling. Chickens were humanely killed on 17, 23, 28, and 33 day-old, respectively, and the adipose and hypothalamic samples were collected. Expressions of AdipoR2, CPT-1, LEPR and STAT3 in the adipose tissue, and NPY in the hypothalamic tissue were detected by Real-time PCR. Results showed that in the control group, expressions of AdiopR2, CPT1 and STAT3 decreased with age, but not significantly (P>0.05), while NPY and LEPR expression trends were not regular during the whole experiment. In addition, AdipoR2, CPT1 and NPY expression in the fasted group was significantly higher than controls (AdipoR2: P<0.05 on day 17; CPT1: P<0.01 on day 33 and NPY: P>0.05 during the whole experiment), although their expression trend is similar in the two groups. However, LEPR and STAT3 expression trends were not regular both in the feed and fasted group. It is concluded that fasting stimulated the up-regulation of genes related to fatty metabolism and feed intake, while LEPR and STAT3, two of the important components in fatty metabolism regulation pathways in mammalians, did not show regular changes in chicken. A following in vitro study, therefore, needs to be further carried out to study the functions of chicken LEPR and its downstream genes like STAT3.

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## INTRODUCTION

Living in a population, animals always experienced periodic feed deprivation during the growing phase and they have already evolved a metabolic response system allowing them to survive the difficulties. However, during feed deprivation periods, animals might be confronted with high metabolic demand, as a result, they may suffer from the cessation of growth, breakdown and utilization of stored energy reserved (Désert *et al.*, 2008). It has been

demonstrated that overall response to fasting operates at numerous levels, varying from macroscopic changes like body weight, to molecular mechanism, such as mRNA levels of genes related to feed intake, and transcription regulators involved in fat metabolism. In the past decades, research on molecular response to fasting have received much more attention, in a variety of model animals, ranging from mammalian animals such as mice (Bauer *et al.*,2004; Weems *et al.*, 2012; Kawase *et al.*, 2013), rats (Wang *et al.*, 2011) and pigs (Cheon *et al.*, 2005; Rakhshandehroo *et al.*, 2007), to avian like chicken

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(Higgins *et al.*, 2010; Dunn *et al.*, 2013; Ji *et al.*, 2013) and more recently to fish such as goldfish (Tinoco *et al.*, 2012) and orange-spotted grouper (Zhang *et al.*, 2012).

In chicken, molecular mechanism of response to feed deprivation mainly involved in the expression of genes related to feed intake like *NPY*, one of the most potent orexigenic factors known to date (Chee and Colmers, 2008) and genes associated with fat metabolism, such as *AdipoR*, acting as mediating the metabolism in chicken (Ramachandran *et al.*, 2013), *CPT1*, a mitochondrial enzyme, which is important in many metabolic processes and weight regulation (Liu and Zhu, 2012) and the hot topic of LEPR and even its downstream pathway genes (Xu *et al.*, 2013).

However, very little information is available so far about dynamic changes of genes related to feed intake, fatty metabolism and body weight, when deprived of feed at different growth period in chicken and the molecular mechanisms stimulated by fasting remain elusive. The present study, therefore, was designed to detect the dynamic expression of genes including *AdipoR2*, *CPT1*, *NPY*, *LEPR* and *STAT3* in growing broiler chicken at different growth period and also to determine the effect of fasting on expression of these genes.

#### MATERIALS AND METHODS

Animals and tissue collection: Forty male broiler (Aiweiyin) chicks were purchased from a local hatchery (Xinjiang Taikun Chicken Breeders Farm) at 1 day of age and reared in an environmentally controlled room. They were provided ad libitum access to feed and water using broiler pellet diet, prior to the experiment. The birds were randomly divided into two groups: the control and fasted groups, with 20 birds in each group. Chicken in each group were divided into 4 cages (5 individuals in each cage), numbered C1, C2, C3, C4, respectively. In the control group, the cages were named as CC1, CC2, CC3, CC4, respectively, while, in the fasted group, they were named FC1, FC2, FC3, FC4, respectively. The experiment programs are carried out as follow: i) Period 1 (days 14-17): FC1 vs. CC1; ii) Period 2 (days 20-23): FC2 vs. CC2; iii) Period 3 (days 25-28): FC3 vs. CC3; iv) Period 4(days 30-33): FC4 vs. CC4. Collectively, in each period, from the beginning days, chicken in FC group were all fasted for 3 days, while their controls CC were fed con continuously. Chicken in both the two groups were killed through cervical dislocation on 17, 23, 28, 33 day-old, respectively (n=5 for each age and group). At each sampling, the broilers were weighed. Samples of left abdominal adipose tissue and hypothalamic were removed, frozen immediately in liquid nitrogen and stored at -80°C for RNA extraction.

**RNA extraction and reverse transcription:** RNA was extracted from up to 100 mg of above tissues, using TRIzol reagent (Invitrogen, USA) as specified by the manufacturer's protocol. Total RNA of each sample (500 ng) was reversely transcribed using the Prime Script RT reagent kit with gDNA Eraser (TaKaRa, Dalian, China) in accordance with the manufacturer's instructions.

**Real-time PCR:** Real-time PCR reaction was carried out in a total volume of 20  $\mu$ L, consisting of 2 $\mu$ L cDNA, 12.5  $\mu$ L SYBR (TaKaRa), 0.5  $\mu$ L each primer (Table 1), and 4.5  $\mu$ L ddH<sub>2</sub>O. The reactions were conducted on an MX3000p real-time PCR machine (Agilent Technologies, Stockport, UK) using the conditions: 94°C for 5 min, followed by 35 cycles of 94°C for 30 s and 72°C for 30 s. All the target genes were amplified in a similar protocol with the exception of the annealing temperature illustrated in Table 1. Amplification reactions in triplicate for each sample were performed and the results were normalized to the *GAPDH* gene expression level.

**Statistical analysis:** The relative mRNA expression level of genes was calculated by "normalized relative quantification" method and statistical analysis was carried out using SPSS version 17.0. One-way ANOVA test and repeated measure of ANOVA were used for statistical analysis of normalized gene copy number and differences were considered significant at P<0.05.

## RESULTS

**Fasting retards growth:** In the present study, chicken continuously fed grew significantly over the course of experiment, whereas their counterparts which relatively suffered retarded growth (Table 2). Body weight of feed deprivation chicken (FD) was significantly lower than ad lib fed broilers (AL), during different growth phase (on day 18: AL vs. FD = 610 g vs. 390 g, P<0.05; on day 23, AL vs. FD = 820 g vs. 670 g, P>0.05; on day 28, AL vs. FD = 1250 g vs. 920 g, P<0.01; on day 33, AL vs. FD = 1470 g vs. 1280 g P<0.05) (Table 2).

Fasting altered the expression of AdipoR2, CPT1, NPY, LEPR and STAT3: In the present study, expressions of AdipoR2, CPT-1, LEPR and STAT3 in the adipose tissue, and NPY in the hypothalamic tissue of growing broiler chicken both in control group and fasting group, were detected by Real-time PCR method, and expression levels were illustrated in Table 3. AdiopR2: AdiopR2 mRNA showed downward trend both in the control group and fasted group during the experiment. However, AdiopR2 mRNA expression was higher in fasted broilers than control at each sampling days, especially on day 17 (P<0.05). CPT1: In control broilers, a slight decrease of CPT1 mRNA expression was noticed. However, their agematched counterparts in the fasted group, displayed a higher CPT1 mRNA expression, at the same age, especially at the end of the experiment (on day 33). At this time point, expression levels in the fasted group were nearly 10-fold higher as compared with control group (P<0.01). NPY: chicken in both fasted group and control group showed a similar expression trend during the period, although fasting birds have a relatively higher expression, however, there was no significant difference between the two groups at same growth period. LEPR: LEPR expression in the control group increased with age from day 17 to day 23, showing a peak expression on day 23 then, it decreased with a slight rise at the end of experiment. Reversely, LEPR mRNA expression in the fasted group decreased with age, although a slight increase occurred in the period from day 28 to day 33. No

clear trend was observed for *LEPR* mRNA expression in both groups. *STAT3*: *STAT3* mRNA expression in the control group decreased with age during the experiment, and there was no significant difference in the different growth age, although slightly higher expression abundance occurred on day 23. Most notably, levels of *STAT3* in the fasted group was lower than fed counterparts, significantly on day 17 (P<0.05) (Table 3).

## DISCUSSION

The present study, therefore, was designed to detect the dynamic expression of genes including *AdipoR2*, *CPT1*, *NPY*, *LEPR* and *STAT3* in growing broiler chicken at different growth period and also to determine the effect of fasting on expression of these genes.

AdiopR2: In the present study, we found that AdiopR2 mRNA expression was higher in fasted broilers than control at each sampling days, especially on day 17. It may be due to the fact that after 3 days' feed deprivation, chicken in fasted group suffered from a loss of weight severely, thus, resulted in an increased AdipoR2 expression level, as AdipoR2, a receptor of adiponectin, which modulates a number of metabolic processes including lipogensis, glucose regulation and fatty acid oxidation in mammalian and avian, and was negatively correlated with fat synthesis (Ramachandran et al., 2013). The results of this study are in line with the findings of Ramachandran et al. (2007) who found that after 2 days feed deprivation, AdiopR2 mRNA expression significantly increased in chicken adipose tissue. It is, therefore, partially concluded that AdiopR2 is affected by feed deprivation in broiler chicken, especially on day 17.

CPT1: A mitochondrial enzyme, is important in many metabolic processes, as well as weight regulation. In this study, we detected CPT1 mRNA expression in the adipose tissue of growing broiler chicken both in control group and fasting group. A slight decrease in CPT1 mRNA expression was noticed, in broilers fed ad lib. This may be due to the reason that chicken experienced a significant growing time during the period of days 17-33, and the fatty acid oxidation process occurred in them was less dominant compared with the fat acid synthesis during this period. Hence, they might not need any more CPT1, which functions as a rate-limiting enzyme in the process of fatty acid oxidation. However, their age-matched counterparts displayed a higher CPT1 mRNA expression, at the same age, especially at the end of the experiment (on day 33). Present study findings are similar with the previous observation reported by Song et al., (2012), who found that CPT1 mRNA expression in feed deprivation chicken for 2 days was significantly higher than that of fed ad lib., suggesting that feed deprivation was associated with the up-regulation of CPT1 mRNA. We hypothesis the reason that after feed deprivation, chicken need more fatty acid oxidation to achieve energy for survive. However, in order to survive for a long time, chicken need a negative feedback to control its oxidation, thereby resulting in the up-regulation of CPT1 mRNA, which might play a role of rate-limiting during the process of fatty acid oxidation. However, the phenomenon in this

study that fasted chicken displayed a higher *CPT1* mRNA expression than the controls, were not inconsistent with the previous study reported by Liu and Zhu (2012), who found that fasting 24h significantly decreased *CPT-1* mRNA levels in the hypothalamus tissue compared to *ad libitum* fed chickens, this difference might be derived from the tissue specific expression of *CPT-1* in chicken. In addition, in present study, we also found that feed deprivation at different age resulted in different *CPT1* mRNA expression in chicken, which might be associated with the body weight, in detail with fatty.

NPY: In mammals, NPY is one of the most potent orexigenic neuropeptides known to date (Schwartz, 2001; Mercer et al., 2011). In avian as in other vertebrates, NPY appears to be involved in the regulation of feeding. In this study, NPY mRNA expression in hypothalamic tissue of broiler chicken both in control group and fasting group were detected. NPY genes in control group showed a downward trend, with exception of a little rise on day 28, but not excess the peaking level on day 17. Hausman et al., 2012 found that in the adipose tissue of broiler chicken, NPY mRNA expression upregulated with age between days 9 and 33. This difference might be due to the fact that expression of NPY, functions in the appetite regulatory network, differed in different tissues. It might be due to the reason that chicken selected in the study, as the NPY expression is also influenced by chicken lines (Huang et al., 2010).

Likewise, fasted group broilers showed a similar *NPY* mRNA expression trend as that in controls on days 17, 23, 28 and 33, respectively. However, fasting birds have a relatively higher expression, although there was no significant difference between the two groups at same growth period. It has been demonstrated that feed deprivation is related to enhanced hypothalamic NPY gene expression in mammalian and avian species, including chicken (Higgins et al., 2010; Song et al., 2012) and quail (Phillips-Singh et al., 2003). The data represented in the current study are consistent with these findings, showing that NPY mRNA levels were significantly upregulated in feed deprived chickens relative to their ad libitum fed counterparts, during whole experiment, confirming that NPY is naturally increased in fasted chick Higgins et al., 2010; Song et al., 2012).

LEPR: LEPR is the receptor of leptin, which expressed in at least six isoforms in mammals, and two isoforms, in chicken (Liu et al., 2007). In mammals, LEPR plays a crucial role in *leptin* function process, which involved in a variety of regulation pathways. Currently, physiological function and utility of chicken adipose tissue LEPR is still unclear (Ashwell et al., 1999; Pitel et al., 2010). In the present study, LEPR expression increased with age from day 17 to day 23, showing a peak expression on day 23 then, it decreased with a slight rise at the end of experiment. Hausman et al. (2012) found that LEPR decreased with age during growth period of days 21-42 in broiler chicken. In the present study, LEPR expression decreased from day 23 onward, which was in line to the finding of Hausman et al. (2012). Cassy et al. (2004) found an increasing LEPR expression between days 9-33, in the brain of layer and broiler chicks. Our study was not

Gene	Primer sequence 5'-3'	Product size/bp	Annealing temperature (°C)	Acc. No.
AdipoR2	F:TGGCTGAAGGACAACGATTA R:GGCAGAGGAACAACACAAAAC	145	58	NM_001007854
CPT-1	F:CTCTCGACGAGCCAAACCC R:CCGCAATGATATACGAAACGC	133	51	DQ314726
NPY	F:CGGTGCTGACTTTCGCCTT R:AATGTTTTCTGTGCTTTCCCTC	230	52	NM_205473
LEPR	F: CACACCATTACAATTCTAGCC R: ACCCACTTCATCTCCTCTTC	231	55	NM_204323
STAT3	F:CTGACCAACAACCCCAAGAAC R: CAGCCAGACCCAGAAAGAGAA	249	54	NM_001030931
GAPDH	F:GCCCAGAACATCATCCCA R:CGGCAGGTCAGGTCAACA	180	56	NM_204305

F: forward primer; R: reverse primer; Acc. No: GenBank accession number. Primers were designed according to the sequence of the target genes by their Acc. No. in GenBank.

Table 2: Effects of nutritional state on body we	eight in	growing	broiler	chickens
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Cage	Growing days (day)		Body weight (g)		
		Feed group	Fasted group		
FCI vs. CCI	I4 (Initial)		420±10		
	I7 (Feed/Fasted for 3 days)	610±21 (feed continuously)	390±15 <sup>*</sup> (fasted for 3 days)		
FC2 vs. CC2	20 (Initial)		700±24		
	23 (Feed/Fasted for 3 days)	820±23 (feed continuously)	670±35 (fasted for 3 days)		
FC3 vs. CC3	25 (Initial)	· · · · · · · · · · · · · · · · · · ·	930±40		
	28 (Feed/Fasted for 3 days)	1250±45 (feed continuously)	920±42 <sup>**</sup> (fasted for 3 days)		
FC4 vs. CC4	30 (Initial)		1300±74		
	33 (feed/fasted for 3 days)	1470±82 (feed continuously)	1280±70 <sup>*</sup> (fasted for 3 days)		
*P<0.05 (Feed Gro	oup vs. Fasted Group); **P<0.01 (Fee	ed Group vs. Fasted Group).			

Table 3: Dynamic mRNA expression of AdipoR2, CPT1, NPY, LEPR and STAT3 in broilers regulated by aging and fasting conditions

Gene	Group	Experimental Days			
	-	17	23	28	33
AdipoR2	С	0.05883±0.00700	0.03249±0.00393	0.00756±0.00091	0.02236±0.00869
	F	0.21262±0.07434*	0.06210±0.03250	0.01392±0.00822	0.03844±0.0007
CPTI	С	0.01230±0.00720	0.00567±0.00270	0.00472±0.00270	0.00474±0.00170
	F	0.02388±0.00990	0.01428±0.00430	0.01439±0.00440	0.04627±0.02630**
NPY	С	0.050378±0.00411	0.024364±0.00169	0.03860±0.00498	0.02521±0.00285
	F	0.11824±0.02090	0.06319±0.00367	0.08377±0.01648	0.043617±0.00198
LEPR	С	0.00004±0.00001	0.00033±0.00010	0.00006±0.00003	0.00011±0.00003
	F	0.00018±0.00008	0.00003±0.00001	0.00007±0.00002	0.00008±0.00002
STAT3	С	0.10935±0.01307	0.03373±0.01500	0.00051±0.00003	0.00289±0.00017
	F	0.00282±0.00014*	0.02303±0.01350	0.00183±0.00007	0.00981±0.00400

C: Control group, F: Fasted group; Values (mean+SD) bearing single (P<0.05) or double asterisk (P<0.01) at a specific day between the two groups (C vs. F) differ significantly.

consistent with the results of Hausman *et al.* (2012), which may be resulted from the different tissue selected in the study.

Unlike in the control group, *LEPR* mRNA expression in the fasted group decreased with age, although a slight increase occurred in the period from day 28 to day 33. No clear trend was observed for *LEPR* mRNA expression in both groups. This phenomenon suggested that *LEPR* might have no effect on feed intake in chicken. Recently, Gertler *et al.* (2013) found that *LEPR* is not implicated in the control of appetite or adipose homeostasis in chickens. It is, therefore, necessary to carry out further study to investigate the function of *LEPR* in chicken.

*STAT3*: *STAT3* is the downstream component of leptin/LEPR pathway. In the present study, it was notable that *STAT3* mRNA expression in the fed group decreased with age, during the experiment, and there was no significant difference in the different growth age, although slightly higher expression abundance occurred on day 23. Most notably, levels of *STAT3* in the fasted group were lower than fed counterparts, significantly on day 17. Bergan *et al.* (2012) found that fasting resulted in the deactivation of *STAT5* gene in adipose tissue of rainbow trout, which is consistent with our results, although the species are different.

**Conclusion:** In the present study, *CPT1*, *AdipoR2* and *NPY* expression in the fasted group was higher than control group, while *LEPR* and *STAT3* expression trends were not regular in growing broiler chicken both groups. It is, therefore, concluded that fasting stimulated the upregulation of genes related to fatty metabolism and feed intake, in chicken, while *LEPR* and *STAT3*, two of the important components in fatty metabolism regulation pathways in mammalians, did not show regular changes in chicken. A following *in vitro* study, therefore, need to be further carried out to study the chicken *LEPR* function and its downstream genes, like *STAT3*.

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